

**Gupta had unknowingly developed relations with Shibui, who was a small-time extortionist**

During interrogation, they have revealed that they had no intention of killing Gupta but only to blackmail him by taking advantage of his sexual preferences.

"Gupta used to meet Shibui quite often in Salt Lake. Both Shibui and Gupta used to live in Salt Lake and this led to a special relation between the two. This way, he had unknowingly developed relations with people like Shibui, who were small-time extortionists," said an investigative officer.

Of late, Gupta used to contact Shibui for at least thrice a week, he added.

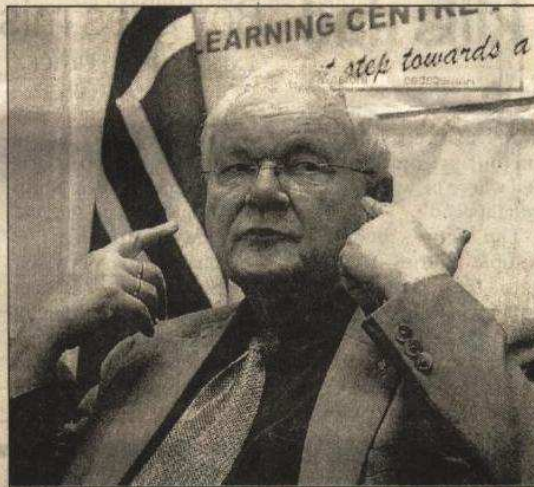
Investigations have also revealed that Gupta had links with several anti-social elements. "Gupta had of late become desperate to fulfil his sexual desires. He had begun visiting pornographic websites regularly," said an officer.

## Can music soothe the mayhem in your mind? Yes, says this therapist

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CAN music soothe the mayhem in your mind? One of the earliest pioneers of a non-invasive healing therapy — vibrio acoustic therapy—Olav Skille was in Kolkata to create awareness about the treatment on Sunday.

For the uninitiated, vibrio acoustics is all about treating psychological conditions with the use of music and/or sound vibrations. Skille's approach on vibrio acoustics narrows down the approach to giving "low frequency vibrations", music or no music. The vibrations are generated through transducers built into a bed or chair. "All you have to do is to just lie down and enjoy for 23 minutes. At the end, you emerge from a kind of meditative state, a trance," said Skille. He was speaking at an interactive session organised by Step



Olav Skille, founder president of the International Society for Vibrio Acoustics, in Kolkata on Sunday. Sandipan Chatterjee

One Foundation today.

Though sound waves form the basis of his treatment, Skille does not use any conventional "music". The idea is to transfer vibrations into the body so that all cells are set in

motion, which will eventually release stress.

"In Norway, acupuncture is a widely practised mode of treatment. They say that the needle sensitivity of acupuncture increases if it is preceded by vibrio

acoustic therapy," said Skille.

Prof Deb Dulal Dutta Roy of the Psychological Research Unit of the Indian Statistical Institute echoed his observation. "The effectiveness of cognitive behaviour therapy increases when it is coupled with vibrio acoustic therapy," he said.

Taking the cue, Rabindra Bharati University has adopted its own novel approach in using music for healing purposes.

A staunch believer in the healing powers of music, Prof Amita Dutta, Dean, Faculty of Fine Arts of RBU, said: "Music helps to transport one to a different world. For once, your mind is taken off the illness and you begin focussing yourself on the music or dance instead."

The university is now all set to begin its own certificate course in music therapy from the next academic session beginning July.